



THE SPA

THE
MAYBOURNE
BEVERLY HILLS



Time stands still inside The Spa at The Maybourne Beverly Hills. A place to escape the noise and take time for yourself – a sensory journey of physical rest, emotional release and inner peace.

Begin by sliding into our serene immersion pool. With its soaring mosaics and sky-lit ceiling, it's a trip back to ancient times when bathing was a ritual to be savored.

Whichever of our exceptional massages you choose, whether it is to relieve weary muscles or ease some tension, a bespoke blend of oils and aromatics will revive your body and reawaken your limbs.

Our range of facials and body treatments will brighten and balance using healing salts, soothing muds and the most sophisticated anti-aging creams, leaving your skin nourished and your face glowing.

Come and visit us for a moment of rest and renewal, and delight your senses in the stillness of Beverly Hills' most sumptuous spa.



MASSAGE THERAPIES

Each massage combines breathwork, customization of essential oils and aromatherapy, the use of sound bowls, hot stones, stretching and adaptable pressure.

I am rejuvenated • 60 minutes / 90 minutes

A massage designed to lift your energy, reawaken the senses and prepare you for whatever lies ahead. Using a blend of essential oils and fragrances including rosemary, orange and vanilla, we will find a precise pressure to reinvigorate you.

I am de-stressed • 60 minutes / 90 minutes

A massage which offers the mind a chance to decompress. Let go of the stress as the scent of eucalyptus and bergamot fill your lungs during breathwork, while your muscles are applied with just the right amount of pressure to leave you completely at ease.

I am strong • 60 minutes / 90 minutes

Using grapefruit and uplifting eucalyptus oils, the therapist will focus on your sore spots and stiff muscles, using hot stones and stretching to leave you physically empowered and ready for training.

I am peaceful • 60 minutes / 90 minutes

Using essential oils of neroli and relaxing lavender, this massage will allow you to ease into a deeply relaxed state and leave you completely at peace so that you can forget about the pressures of the world outside.

I am grace • 60 minutes / 90 minutes

Focus on serenity and relaxation during pregnancy with personalized pressure, neroli and rose oils, and a unique spa journey to set an intention of grace along your journey.

We are together (couples experience) • 60 minutes / 90 minutes

Using neroli and jasmine oils, enjoy time together as a couple in this personalized massage. As you unwind, allow this full body massage to leave you feeling connected, rejuvenated and completely relaxed.

MASSAGE ENHANCEMENTS

Reflexology • 30 minutes additional time

Target tired feet with this traditional Chinese practice of acupressure and pressure point work on various parts of the feet to help improve overall wellbeing.

Foot mask • 15 minutes additional time

Rejuvenate and invigorate tired feet with a mask application and foot massage following your full body massage to revive sore muscles.

CBD oil or lotion

Relax and improve circulation to the head and neck with our CBD oils and lotions.

An anti-inflammatory, CBD relieves soreness and relaxes tight muscles to help reduce stress.

Warm scalp enhancement

Relax the mind with warm oil to encourage circulation to the head and neck to help reduce stress and hydrate the scalp.





BODY THERAPIES

I am bliss • 60 minutes

Using Himalayan salt crystals, this body scrub sloughs away dead cells leaving the skin nourished and renewed. Time-honored essential oils of damascena rose otto, jasmine and sandalwood calm the nerves and revive stressed, neglected skin, leaving it glowing and thoroughly restored.

I am invigorated • 90 minutes

This pearl and jasmine Himalayan salt crystal scrub has the immediate effect of combating fatigue, restoring vitality and upping energy levels. The ensuing amethyst gel body wrap relaxes and balances the nervous system, stimulating circulation and regenerating skin cells.

I am comforted • 90 minutes

This anti-stress treatment begins with an anti-inflammatory coffee scrub, followed by a soothing, therapeutic wrap, using nutrient-rich CBD Moor Mud. It will detoxify your body, saying goodbye to excess water, inflammation, and impurities.

FACIAL THERAPIES

I am youthful • 1 hr 45 minutes (using Evidens de Beauté)

Developed to target tired and dull-looking skin, this treatment helps mature skin rediscover its firmness. Stimulating cell renewal, it reshapes facial contours, reduces wrinkles and brightens the complexion, while eye patches help to tone the delicate area around the eyes.

I am revitalized • 60 / 90 minutes (using Evidens de Beauté)

This facial detoxes the skin leaving a dazzling, healthy-looking result. It focuses on brightening the skin tone and reducing pigmentation spots with vitamin C plus a deep moisturization for leaving the skin lifted and looking youthful.

I am glowing • 90 minutes (using ila)

Beginning with an aloe vera and pomegranate cleanse, and a blackcurrant and honey exfoliation, this facial leaves you radiant. Powerful damascena rose otto and sandalwood oils channel energy into the skin cells whilst a specialized marma massage restores natural luminance and a green clay mask reduces inflammation.

I am balanced • 60 / 90 minutes (using ila)

This restorative therapy draws on intensely healing rainforest extracts to rejuvenate skin cells. Lymphatic drainage techniques, warm herbal poultices and an Amazonian mud mask encourage toxin release, reduce water retention, increase blood supply and boost collagen production. Skin tone is brightened and fine lines and wrinkles are softened.

I am restored • 60 / 90 minutes (using ila)

A powerful facial therapy that combines CBD anti-inflammatory and anti-aging effects with effective nerve point therapy and marma massage. Together, this synergy releases stress from the face, and restores balance, moisture and vitality. In addition, this treatment helps to release tension held throughout the body.

I am beautiful • 105 minutes (using Evidens de Beauté)

Using a high concentration of oxygen providing powerful anti-aging results, this advanced technology facial will reduce protein fiber damage while enhancing collagen production. Beginning with microdermabrasion to exfoliate the skin and reduce signs of aging, the application of the pure bio collagen facial mask follows. Muscle toning using light treatment is combined with an ultra-hydrating oxygen treatment for the ingredients to penetrate the skin and reduce pigmentation, minimizing pore size and decreasing the appearance of wrinkles.

I am shining • 60 minutes (using ila)

Through a diamond-tipped, machine-assisted facial, this treatment can instantly improve your skin's appearance by reducing fine lines, wrinkles and early signs of sun damage, leaving the skin noticeably smoother and softer.

I am renewed • 60 minutes (using ila)

A multi-step treatment, this facial uses oxygen to rejuvenate skin and dramatically reverse the visible signs of aging. This treatment firms the skin and smooths lines and wrinkles to restore radiance and elasticity.



FACIAL ENHANCEMENTS

Knesko mask • 15 minutes additional time

Infused with precious gems to balance your chakras, Knesko masks are designed to brighten, hydrate and energize your skin while minimizing fine lines.

CBD mask • 15 minutes additional time

This holistic, CBD-infused mask encourages cell renewal resulting in healthier, more vibrant-looking skin.

Peel enhancement

Using a combination of gentle acids, this peel is a nonabrasive approach to exfoliation to help improve fine lines and decongest pores. (Not recommended for individuals using retinol products).

Eye enhancement

Using a NuFACE microcurrent device and natural ila products, this enhancement targets the look of fine lines and wrinkles around the eyes to reduce puffiness and dullness.

Lip enhancement

Using a NuFACE microcurrent device and natural ila products, this enhancement targets the look of fine lines and wrinkles around the lips and gives them a temporary plumpness.

Waxing services

Available upon request.

SPA PACKAGES

I am indulged • 150 minutes

Indulge in a 150 minute treatment combining a 90 minute customized massage with a 60 minute *I am balanced* facial. Having selected your custom blend of oils, your limbs will be reawakened. Following this, a restorative facial will use healing rainforest extracts in herbal poultices and a mud mask to rejuvenate skin cells, leaving the skin tone brightened and fine lines and wrinkles softened.

I am recharged • 210 minutes

Beginning with a 60 minute *I am bliss* body therapy, a 90-minute personalized massage using the hypervolt massage device follows, incorporating a range of motion stretches, and ending with a 60 minute CBD restorative facial.

We are whole (couples experience) • 120 minutes

This couples experience begins as you both unwind together with a full-body massage leaving you blissfully at peace followed by a side-by-side deep body exfoliation that will leave your skin supple and smooth to the touch. This treatment leaves you feeling connected, rejuvenated and relaxed.



OUR PRODUCTS



EVIDENS

DE BEAUTÉ

Evidens de Beauté sets a new standard for skincare excellence, combining the very latest in Japanese cosmetic expertise and the brightest minds in French beauty. This luxury range of high-performance skincare features a game-changing ingredient: triple collagen, three different sized collagen molecules to target different layers of the epidermis, correcting and mitigating signs of aging, while refining the skin's texture.

ilā

An ancient Sanskrit word for Mother Earth, ila is an organic skin and body brand which focuses on the remedial power of plants, flowers, and herbs to produce hand-blended products with minimal processing. Every cream, oil, scrub and mask is designed to promote change through touch and smell, the effects of which go far beyond the surface of the skin to restore emotional wellbeing as well.



FITNESS CENTER

Whether you are a cardio or calisthenics fan, or just like to lift, the 24-hour fitness center at The Maybourne Beverly Hills will keep your regime right on track. Situated next to The Spa, our advanced, technical machinery includes Woodway treadmills, Peloton bikes, Technogym elliptical trainers and Wattbikes. Our dumbbells by Pent are artworks in their own right and there are functional training sets from TRX in the movement studio.

Private training instruction is available upon request.



MEMBERSHIP

A space to call your own. A sanctuary to savor, time and time again. With our exclusive Spa Membership packages, the serenity of The Maybourne Beverly Hills is yours to enjoy throughout the year.

We offer three levels of membership, each one bringing a host of special benefits including exclusive discounts, complimentary parking and treatments.

Spa membership options are available upon request.



SPA ETIQUETTE

Appointments

We highly recommend booking treatments in advance to secure your preferred date and time. Being on time for your appointment is greatly appreciated so that you may receive your full service. Please arrive at least 30 minutes in advance of your appointment time to allow time for you to change into a robe and relax prior to your service.

Facilities

We have a beautiful co-ed mineral pool to soak tired muscles. We do require a bathing suit for this area. There is also a ladies only sauna, steam room, and hot tub and a male only sauna and steam room. Guests of The Spa also have access to our fitness center throughout their spa day and are invited to unwind in the relaxation lounges before and after their services. Please allow additional time to utilize the facilities.

Spa Etiquette

So that you enjoy your spa experience, and as a courtesy to other guests, cell phones should be turned off.

Spa Attire

Our therapists are highly trained to be sensitive to your comfort and modesty at all times. Robes and slippers are provided for your comfort during your visit with us.

Cancellations

To ensure all guests of The Spa are able to enjoy their treatment on time and receive the full spa experience, we request that you notify us if you will be unable to make your appointment. To cancel or rebook your service, we require six (6) hours of notice. Full service charges will be applied if you fail to contact The Spa or do not show up for your appointment.

Age Requirement

The Spa is an adult-oriented atmosphere; therefore we are not able to accept spa appointments for children under the age of 16 years of age. Minors are not permitted in the locker room or spa facilities including the sauna, steam room, whirlpool and shower area.

Pet Policy

While we love pets, The Spa and fitness center are pet free areas with the exception of service animals.

Valuables

The Spa and the hotel is not responsible for the loss of or damage of personal articles. We recommend that you leave your valuables at home or in your hotel room safe. Alternatively, please keep all valuables with you during your appointments.

Please remember to drink fluids, especially water during and after your service. For facials and body treatments, we recommend shaving the day prior to your service. Please disclose any conditions prior to your service that may be contraindicated for your service and advise our professional team of any allergies or sensitivities. Please refrain from drinking any alcoholic beverage three hours or longer before your treatments. The Spa is a smoke free environment.

Our therapists reserve the right to terminate the treatment if he/she feels the guest's behavior is undesirable.

